

Dance Dynamics **UNLIMITED** "The Ultimate Dance & Fitness Experience"

STARTS MARCH 1st 2010

OVER 120 Sessions every week!



Dance Dynamics Malvern - Level 1 - 142 Glenferrie Rd Malvern - Ph 9500 1005

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
10.30am	Cha Cha SOLO	10.00am	ZUMBA X	10.00am	Ballet Basics	10.00am	Cha Cha SOLO	10.00am	Cha Cha SOLO	9.30am	ZUMBA X
11.00am	Salsa SOLO	10.45am	Samba SOLO	10.30am	Contemp Open	10.30am	ZUMBA X	10.45am	ZUMBA X	10.00am	.HipHop OPEN
11.45am	ZUMBA X	11.15am	Cha Cha SOLO	11.15am	JAZZ OPEN	11.30am	JIVE CARDIO	11.30am	Samba SOLO	10.30am	.HipHop XTREME
12.15pm	Strength & Tone	11.45am	JIVE CARDIO	12.00pm	ZUMBA X	12.00pm	Salsa SOLO	12.00pm	Salsa SOLO	11.00am	Strength & Tone
1.00pm	Contemp Open	6.00pm	Samba SOLO	6.00pm	Samba SOLO	6.00pm	Ballet Basics			11.30am	Samba SOLO
1.30pm	JAZZ OPEN	6.30pm	JIVE CARDIO	6.30pm	Cha Cha SOLO	6.30pm	ZUMBA X			12.00pm	ZUMBA X
6.00pm	Tango	7.00pm	ZUMBA X	7.00pm	ZUMBA X	7.00pm	JAZZ OPEN			12.30pm	.STRETCH
6.30pm	Tango 2	7.30pm	JAZZ OPEN	7.30pm	Salsa SOLO	7.30pm	JAZZ XTREME				
7.00pm	ZUMBA 1	8.00pm	.HipHop OPEN	8.00pm	.HipHop OPEN	8.00pm	Strength & Tone				
7.30pm	ZUMBA 2	8.30pm	.HipHop XTREME	8.30pm	.HipHop XTREME	8.30pm	ZUMBA X				
8.00pm	.STRETCH	9.00pm	ZUMBA X	9.00pm	ZUMBA X	9.00pm	.STRETCH				

Dance Dynamics Richmond - Level 1 - 493 Church St Richmond - Ph 9427 8887

Monday		Wednesday		Thursday		Friday		Saturday	
1.00pm	Cha Cha SOLO	12.00pm	ZUMBA X			12.00pm	Samba SOLO	9.30am	Ballet Basics
1.30pm	ZUMBA X	12.30pm	.STRETCH			12.30pm	ZUMBA X	10.00am	JAZZ OPEN
								10.30am	ZUMBA X
6.00pm	Cha Cha SOLO	7.00pm	.HipHop OPEN	6.00pm	Samba SOLO				
6.30pm	ZUMBA 1	7.30pm	.HipHop XTREME	6.30pm	ZUMBA 1				
7.00pm	Cha Cha COMBO	8.00pm	ZUMBA 1	7.00pm	ZUMBA 2			3.00pm	JAZZ OPEN
7.30pm	ZUMBA 2	8.30pm	ZUMBA 2	7.30pm	Contemp Open			3.30pm	.HipHop OPEN
8.00pm	RUMBA TONING	9.00pm	JAZZ OPEN	8.00pm	.HipHop OPEN			4.00pm	ZUMBA X
8.30pm	Salsa COMBO	9.30pm	.STRETCH	8.30pm	Salsa SOLO			4.30pm	.STRETCH

NOW SELLING

Capezio
DANCE SHOES

Dance Dynamics Boxhill - 953A Station St Boxhill Nth - Ph 9899 1344

Monday		Tuesday		Wednesday		Thursday		Saturday		Sunday	
10.30am	Rumba TONING					10.30am	Contemp Open	9.30am	ZUMBA X		
11.00am	Salsa SOLO					11.00am	JAZZ OPEN	10.00am	.HipHop OPEN		
11.30am	Cha Cha SOLO			12.00pm	ZUMBA X	11.45am	Strength & Tone	10.30am	JAZZ OPEN		
12.30pm	ZUMBA X			12.30pm	.STRETCH	12.15pm	ZUMBA X	11.00am	Ballet Basics		
		6.30pm	JAZZ OPEN								
6.00pm	Cha Cha SOLO	7.00pm	ZUMBA 1			7.00pm	ZUMBA 1	12.00pm	ZUMBA X		
6.30pm	Jive CARDIO	7.30pm	ZUMBA 2	7.00pm	ZUMBA X	7.30pm	ZUMBA 2	12.30pm	.HipHop OPEN		
7.00pm	Rumba Toning	8.00pm	Contemp Open	7.30pm	Salsa SOLO	8.00pm	JAZZ OPEN	1.00pm	.HipHop XTREME		
7.30pm	Samba SOLO	8.30pm	.HipHop OPEN	8.00pm	Salsa COMBO	8.30pm	.HipHop OPEN	1.30pm	Contemp Open		
8.00pm	Salsa SOLO	9.00pm	.HipHop XTREME	8.30pm	Cha Cha COMBO	9.00pm	.HipHop XTREME	2.00pm	.STRETCH		
8.30pm	Social/Combo	9.30pm	ZUMBA X	9.15pm	ZUMBA X	9.30pm	ZUMBA X				

INFO LINE 1300 Danced OR FREE CALL 1800 26 54 74

email - info@dancedynamics.com.au

www.dancedynamics.com.au

Newcomers receive \$5 FIRST CLASS

*** IMPORTANT PLEASE READ**

PLEASE PRE REGISTER ALL EVENING & SATURDAY CLASSES Inorder to maintain our high standards and avoid over crowding commencing March 1st all members need to pre-register for busy evening and Saturday classes to guarantee a spot. Classes that are regularly booking out have been duplicated.
Register online via our "online scheduler"
You will create your own Log In and Password to update your info, track your schedule, register for classes & more

UP COMING EVENTS

- ★ **Purely Social Party**
Friday March 19th
Malvern 8.30pm
- ★ **Medal Night**
Saturday March 27th
Buxton Hall Toorak
- ★ **Dance Party & Comp**
Friday April 30th
\$25Comp/\$20 Party Only