

Dance Dynamics **UNLIMITED** "The Ultimate Dance & Fitness Experience"

STARTS 2nd Feb 2009

OVER 100 Sessions every week!

Dance Dynamics Malvern - Level 1 - 142 Glenferrie Rd Malvern - Ph 9500 1005

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
		9.30am	Salsa SOLO	9.30am	Cha Cha SOLO			9.30am	RUMBA TONING	9.30am	.HipHop OPEN
		10.00am	Salsa XTREME	10.00am	JIVE CARDIO			10.00am	Cha Cha XTREME	10.15am	.HipHop XTREME
		12.15pm	JAZZ OPEN	10.45am	Samba SOLO			10.45am	Samba SOLO	11.00am	Salsa SOLO
		12.45pm	Contemp Open	11.15am	Salsa SOLO	12.15pm	Cha Cha SOLO	11.15am	Samba XTREME	11.45am	Salsa XTREME
		6.00pm	Samba SOLO			12.45pm	Cha Cha XTREME				
6.00pm	Tango	6.30pm	JIVE CARDIO	6.00pm	Tango						
6.30pm	Tango 2	7.00pm	JAZZ OPEN	6.30pm	RUMBA TONING	6.00pm	JAZZ OPEN				
7.00pm	RUMBA TONING	7.30pm	.HipHop OPEN	7.00pm	Cha Cha SOLO	6.30pm	JAZZ XTREME				
7.30pm	Cha Cha SOLO	8.00pm	.HipHop XTREME	7.30pm	Samba XTREME	7.00pm	Salsa SOLO				
8.00pm	Cha Cha COMBO	8.30pm	HipHop ROUTINE	8.00pm	Fox/Box Combo	7.30pm	Salsa COMBO				
8.30pm	.STRETCH			8.30pm	Waltz Combo	8.00pm	Salsa T P				

Dance Dynamics Richmond - Level 1 - 493 Church St Richmond - Ph 9427 8887

Monday		Wednesday		Thursday		Friday		Saturday	
		10.15am	JIVE CARDIO					9.00am	Samba SOLO
		10.45am	Samba SOLO	12.15pm	Cha Cha SOLO	12.15pm	Contemp Open	9.30am	Contemp Open
		12.15pm	Salsa SOLO						
		7.15pm	.HipHop OPEN						
		7.45pm	.HipHop XTREME			6.00pm	Fox/Box Combo		
		8.15pm	Contemp Open			6.30pm	Waltz Combo		
8.15pm	Cha Cha SOLO	8.45pm	Salsa SOLO	8.15pm	RUMBA TONING			3.00pm	JAZZ OPEN
8.45pm	Cha Cha COMBO	9.15pm	Salsa COMBO	8.45pm	Samba SOLO			3.30pm	JAZZ XTREME
9.15pm	Salsa SOLO	9.45pm	Salsa T P	9.15pm	Samba XTREME			4.00pm	.HipHop OPEN
9.45pm	Salsa COMBO			9.45pm	.HipHop OPEN			4.30pm	Salsa SOLO

NEWS FLASH!

Join our Beginner Performance Teams for the Urban Battle..starting NOW

.....ask the instructors

Dance Dynamics Boxhill - 953A Station St Boxhill Nth - Ph 9899 1344

Monday		Tuesday		Wednesday		Thursday		Saturday		Sunday	
9.30am	Salsa SOLO	9.00am	JAZZ OPEN			9.30am	Samba SOLO	9.00am	JAZZ OPEN		
10.00am	Cha Cha SOLO	9.30am	Cha Cha SOLO			10.00am	Salsa SOLO	9.30 am	JAZZ XTREME		
12.15pm	JAZZ OPEN			12.15pm	Cha Cha SOLO	12.15pm	Contemp Open			2.00pm	Salsa SOLO
										2.30pm	Salsa COMBO
8.15pm	RUMBA TONING	7.00pm	.HipHop OPEN	8.15pm	Samba XTREME			3.00pm	.HipHop OPEN	3.00pm	.HipHop OPEN
8.45pm	JIVE CARDIO	7.30pm	Salsa SOLO	8.45pm	.HipHop OPEN			3.30pm	.HipHop XTREME	3.30pm	.HipHop XTREME
9.15pm	JIVE COMBO	8.00pm	Salsa COMBO	9.15pm	.HipHop XTREME			4.00pm	HipHop ROUTINE	4.00pm	Fox/Box Combo
9.45pm	Cha Cha COMBO	8.30pm	Salsa XTREME	9.45pm	HipHop ROUTINE			4.30pm	Contemp Open	4.30pm	Waltz Combo
		9.00pm	Salsa T P					5.00pm	Contemp Xtreme		

INFO LINE 1300 DanceDynamics OR FREE CALL 1800 26 54 74

email - info@dancedynamics.com.au

www.dancedynamics.com.au

Newcomers receive ONE FREE CLASS

UP COMING EVENTS

SOLO	Step patterns danced "solo" to music
XTREME	More complex solo patterns with a pumped up pace
COMBO	Partner work (no partner required)
T P	Intricate turn patterns with partners (no partner required)
.STRETCH	Developing flexibility and conditioning
RUMBA TONING	Rumba steps that develop control, balance and tone
JIVE CARDIO	High energy solo jive step patterns
OPEN	General class
ROUTINE	Set routine taught

- ★ **Medal Night & Urban Battle**
Saturday February 30th
Tix \$35/\$25 under 16
- ★ **Party & Rumba/Salsa Comp**
Friday March 27th
\$25Comp/\$20 Party Only
- ★ **Dinner Dance & Medals**
Sunday May 3rd
Tix \$55/\$40 under 16