

Dance Dynamics **UNLIMITED** "The Ultimate Dance & Fitness Experience"

STARTS 18th May 2009

OVER 100 Sessions every week!

Dance Dynamics Malvern - Level 1 - 142 Glenferrie Rd Malvern - Ph 9500 1005

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
		9.30am	Salsa SOLO	9.30am	Cha Cha SOLO			9.30am	RUMBA TONING	9.30am	.HipHop OPEN
		10.00am	Salsa XTREME	10.00am	JIVE CARDIO			10.00am	Cha Cha XTREME	10.00am	.HipHop XTREME
		12.00pm	JAZZ OPEN	10.45am	Samba SOLO			10.45am	Samba SOLO	10.30am	Salsa SOLO
		12.30pm	Contemp Open	11.15am	Salsa SOLO	12.00pm	Cha Cha SOLO	11.15am	Samba XTREME	11.00am	Salsa XTREME
		6.00pm	Samba SOLO			12.30pm	Cha Cha XTREME				
6.00pm	Tango	6.30pm	JIVE CARDIO	6.00pm	Tango						
6.30pm	Tango 2	7.00pm	JAZZ OPEN	6.30pm	RUMBA TONING	6.00pm	JAZZ OPEN				
7.00pm	RUMBA TONING	7.30pm	.HipHop OPEN	7.00pm	Cha Cha SOLO	6.30pm	JAZZ XTREME				
7.30pm	Cha Cha SOLO	8.00pm	.HipHop XTREME	7.30pm	Samba XTREME	7.00pm	Salsa SOLO				
8.00pm	Cha Cha COMBO	8.30pm	HipHop ROUTINE	8.00pm	Fox/Box Combo	7.30pm	Salsa COMBO				
8.30pm	.STRETCH			8.30pm	Waltz Combo	8.00pm	Salsa T P				

Dance Dynamics Richmond - Level 1 - 493 Church St Richmond - Ph 9427 8887

Monday		Wednesday		Thursday		Friday		Saturday	
		10.15am	Cha Cha SOLO					9.00am	.STRETCH
		10.45am	Samba SOLO	12.00pm	RUMBA TONING	12.00pm	.STRETCH	9.30am	Contemp Open
		12.00pm	Salsa SOLO	12.30pm	Cha Cha SOLO	12.30pm	Contemp Open		
		12.30pm	JIVE CARDIO						
		7.15pm	.HipHop OPEN			6.00pm	Fox/Box Combo		
8.15pm	Cha Cha SOLO	7.45pm	.HipHop XTREME			6.30pm	Waltz Combo		
8.45pm	Cha Cha COMBO	8.15pm	Contemp Open	8.15pm	RUMBA TONING			3.00pm	JAZZ OPEN
9.15pm	Salsa SOLO	8.45pm	Salsa SOLO	8.45pm	Samba SOLO			3.30pm	JAZZ XTREME
9.45pm	Salsa COMBO	9.15pm	Salsa COMBO	9.15pm	Samba XTREME			4.00pm	.HipHop OPEN
10.15pm	Prac Session 15m	9.45pm	Salsa T P	9.45pm	.HipHop OPEN			4.30pm	Salsa SOLO

**NOW
SELLING**

**DANCE
SHOES**

Dance Dynamics Boxhill - 953A Station St Boxhill Nth - Ph 9899 1344

Monday		Tuesday		Wednesday		Thursday		Saturday		Sunday	
9.30am	Salsa SOLO					9.30am	Samba SOLO	9.00am	Stretch		
10.00am	Cha Cha SOLO					10.00am	Salsa SOLO	9.30 am	Contemp Open		
12.00pm	JAZZ OPEN			12.00pm	Cha Cha SOLO	12.00pm	Stretch	10.00am	JAZZ OPEN		
12.30pm	.STRETCH			12.30pm	Rumba TONING	12.15pm	Contemp Open	10.30am	.HipHop OPEN	2.00pm	Salsa SOLO
6.30pm	*Salsa SOLO							11.00am	.HipHop XTREME	2.30pm	Salsa COMBO
7.00pm	*Salsa COMBO									3.00pm	.HipHop OPEN
7.30pm	* JAZZ OPEN			8.15pm	Cha Cha OPEN					3.30pm	Cha Cha SOLO
8.00pm	*Salsa XTREME	8.15pm	Rumba TONING	8.45pm	Contemp Open					4.00pm	Fox/Box Combo
8.30pm	*Salsa T P	8.45pm	Jive CARDIO	9.15pm	.HipHop OPEN					4.30pm	Waltz Combo
9.00pm	*Salsa Practice	9.15pm	Jive COMBO	9.45pm	.HipHop XTREME						
		9.45pm	Cha Cha COMBO								

***Classes held at Wesley Uniting Church - No 2-6 Oxford St, Box Hill**

INFO LINE 1300 DanceDynamics OR FREE CALL 1800 26 54 74

email - info@dancedynamics.com.au

www.dancedynamics.com.au

Newcomers receive ONE FREE CLASS

UP COMING EVENTS

SOLO	Step patterns danced "solo" to music
XTREME	More complex solo patterns with a pumped up pace
COMBO	Partner work (no partner required)
T P	Intricate turn patterns with partners (no partner required)
.STRETCH	Developing flexibility and conditioning
RUMBA TONING	Rumba steps that develop control, balance and tone
JIVE CARDIO	High energy solo jive step patterns
OPEN	General class
ROUTINE	Set routine taught

- ★ **Party & Merengue/Foxt Comp**
Friday May 29th
\$25Comp/\$20 Party Only
- ★ **Mid Year CONCERT**
Saturday June 20th
Tix \$35
- ★ **Party & ChaCha/Q-Step Comp**
Friday July 31st
\$25Comp/\$20 Party Only